













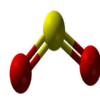


	NUTS	PEANUTS	EGGS	MILK	FISH	CRUSTACEA	MOLLUSCS	CEREALS CONTAINING GLUTEN	CELERY	LUPIN	MUSTARD	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	DATE CHECK	SIGNATURE
WEEK 1	Specify type of nut					Prawns, Crab Lobster etc	eg – clams, mussels, whelks, oysters, snails and squid	Wheat, Rye, Barley, Spelt, Oats, Kamut								
MAIN MEAL																
MONDAY																
Roast chicken in gravy, roast potatoes, broccoli, cauliflower & yorkshire pudding			YES	YES				WHEAT GLUTEN							July 2021	
Swedish quorn meatballs in arrabiata sauce with spaghetti			YES	YES				WHEAT BARLEY GLUTEN							July 2021	
TUESDAY																
Sausage, mash potato & beans				YES				WHEAT							July 2021	
Veg balti curry, boiled rice & mini naan				YES				WHEAT GLUTEN			YES				July 2021	
WEDNESDAY																
Tuna pasta bake & mixed veg				YES	YES			WHEAT GLUTEN							July 2021	
Cheese pizza, seasoned wedges & mixed veg				YES				WHEAT							July 2021	
THURSDAY																
Mince beef lasagne, chopped salad & garlic bread				YES				WHEAT GLUTEN					YES		July 2021	
Jacket potato, butter, & chopped salad				YES											July 2021	
cheese				YES												
beans																
Tuna mayo			YES	May contain	YES	May contain		May contain wheat barley gluten	May contain		May contain	May contain	May contain			
FRIDAY																
Chicken burger, chips & garden peas								WHEAT				May contain			July 2021	
Quorn beef burger, chips & garden peas			YES	YES				WHEAT BARLEY				May contain			July 2021	
ACTION	CHECK ANNUALLY THAT ALLERGENS HAVE NOT CHANGED DUE TO CHANGES IN PRODUCTS OR AMENDED RECIPES															

	NUTS	PEANUTS	EGGS	MILK	FISH	CRUSTACEA	MOLLUSCS	CEREALS CONTAINING GLUTEN	CELERY	LUPIN	MUSTARD	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	DATE CHECK	SIGNATURE
WEEK 2	Specify type of nut					Prawns, Crab Lobster etc	eg – clams, mussels, whelks, oysters, snails, squid	Wheat, Rye, Barley, Spelt, Oats, Kamut								
MAIN MEAL																
MONDAY																
Chicken tikka curry, boiled rice, mini naan				YES				WHEAT							July 2021	
Veg lasagne, salad & garlic bread				YES				WHEAT GLUTEN					YES		July 2021	
TUESDAY																
Cottage Pie & mixed veg				YES				WHEAT							July 2021	
Noodles, chilli vegetables & veg spring roll	May contain almond brazil cashew macadamia pecan pistachio nuts hazelnut walnut nuts	May contain	YES	YES				WHEAT GLUTEN BARLEY	YES			May contain	YES		July 2021	
WEDNESDAY																
Fish cake, mash, seasoned wedges, peas & sweetcorn				YES	YES			WHEAT			YES				July 2021	
Cheese & onion pie, mash potato & beans			YES	YES				WHEAT GLUTEN							July 2021	
THURSDAY																
Chicken & ham pasta bake & sweetcorn				YES				WHEAT GLUTEN							July 2021	
Tomato soup & cheesy garlic ciabatta			YES	YES				WHEAT RYE GLUTEN BARLEY	YES		YES		YES		July 2021	
FRIDAY																
Beef burger, chips & garden peas								WHEAT				May contain			July 2021	
Quorn southern fried burger, chips & garden peas				YES				WHEAT				May contain			July 2021	
ACTION	CHECK ANNUALLY THAT ALLERGENS HAVE NOT CHANGED DUE TO CHANGES IN PRODUCTS OR AMENDED RECIPES															